Name: _____

TEEN BRAIN VIDEO NOTES

Directions: *Place a check mark by the number when you hear the information in the video.*

It says...	**I say...**
1. ___teens have too many options so it is use it or lose it	
2. ___there's a pruning process as we grow older on what information to remember	
3. ___science confirms that the teen brain is different than other ages	
4. ___adults use frontal cortex, teens use amygdala (emotions of anger & fear)	
5. ___with maturity comes stronger connections	
6. ___planning, reasoning, and moral judgment in frontal cortex	

http://science.howstuffworks.com/life/29323-tlc-a-study-of-the-teenage-brain-video.htm