

Video Games. As Bad As Drugs?

Deliberate
fragments (⊕)

Addicting. Costly. Unhealthy. These three words, - compelling not only describe drugs, but also video games. If you imagine all the risks, drugs comes in 1st but video games come in 2nd. Video games come in second, but that does not mean they are not just as unhealthy. Parents, are video games really worth it?

Addicting. Over a period of time video games can become a habit. This habit is not like brushing your teeth, this habit is harmful. Does your child come home and automatically dart to his room? If he does "6/10 times", it is because he has become dependant on his video games to bring him happiness. Studies show, that if your child spends over two hours at a time playing electronics that they are already getting addicted and their interest will grow. Risks of addiction include mental fatigue and weight gain. I am not saying it is bad to be dedicated in a game, but it is unnecessary to play video games for hours and not being able to stop. If you see signs of addiction, I recommend you to give that person something to do. "50% of cases come from kids that say they have nothing to do." Overall, the addiction of video games have many harmful 'detriments'. ↗ (⊕) Yes!

Costly. Not only do video games cost \$60, but - *wow!* they can also 'cost you your life. Would you give \$60 and a life for Call of Duty? Obviously, your life is worth more than \$60. Over your lifetime, you will have to pay for expenses. If you pay \$80 on your favorite games, that is not only money for necessities but also school funds. Such as college, which can earn