

You may have heard of the acronym "YOLO" which stands for, "You only live once." In my class we recently viewed a video on how most teens live by this and the reason behind it. According to the video, teenagers think with a different part of their brain than adults. Scientists are convinced this is the reason behind teens being rebellious and impulsive.

In a recent article I read, it stated that teenagers can hardly ever avoid a reward. If there is something good on the line, a teenager will do anything to get to it. Because of this, I believe schools should reward its students more for doing good things. As students do good, just like the article states, they need/want rewards, it will motivate them. In one of my classes my teacher offered us donuts if we complete an assignment. This made me want to get it done.

In conclusion, teens are definitely wired different. According to doctors, we think with a part of the brain called the Amygdala while adults use the frontal cortex. I myself live through this everyday and realize that teens don't think and plan things well. But, this is the average teen. They need to take more

90% of the time when something goes down it's usually always blamed on "those out of control, crazy teens" but is it really our fault? or is something actually going on in our brains during this time?

Recently in one of my classes we looked at an article, two cartoons and watched a video that all stated the teens brain is ~~actually~~ different than your child or adult brain.

As we all know teenagers don't do make all the best choices in the world and we drew the short stick on thinking things through.

According to an article we read in class adults use the frontal cortex part of their brain, which refers to the most thinking and teens use the amygdala which refers to fear and anger. To me this makes a lot of sense, because I know teens who out of fear and anger done some stupid things like it being fighting or lying to their parents.

In conclusion, being a teen myself really hits this information out of the park. I agree teens do use emotions to solve all their problems in life and hardly ever make the same decisions an adult would make. The teen years ~~are~~ are our "learn your lesson" years so it only makes sense to screw up every now or then.

~~Teens~~  
Teens use a different part of their brain

their emotions

TB

In my class we've been reading and watching videos over teen brains, researches say that it's hard for teens to avoid rewards. Local teachers should offer rewards for good behavior or for attendance. I learned this in an article that we read in class.

Because of the research I read, I do agree that teen brains make it hard to avoid rewards. I know that if someone told me that if I came to school for 30 days, I'd get a free ice cream, I would. I know some kids have told the teachers that if they would reward them that they would come. My teacher actually offered us a reward if we would complete this assignment.

Therefore, I think it's true that teen brains do make it hard for teens to avoid rewards. Everyone loves rewards. If some people or teachers don't believe you, I'd tell them to try it and see what happens or changes when they say there is a reward.

TB

Teenagers think/act differently than adults do. We teenagers use a different part of our brains. We watched a video about how teens use the amygdala instead of the frontal cortex.

From what I've watched, teenagers have a slower thought process than adults. I believe that some teens think more than some adults do. I've made a lot of bad decisions, but I've also made good ones; I have a family member who stays in jail because he constantly makes bad decisions.

My final addition is that if teens had more freedom, they wouldn't make so many bad decisions. Such as, sneaking out at night, back talking parents/teachers/principles, just doing anything to break the law. We shouldn't be able to get by with just anything and everything, but we should get some freedom.

I watched a video in my flex class about the teen brain. According to this video teens use their amygdala more than their frontal cortex. Also in class it was mentioned that teens can not resist a reward, are emotional, and impulsive.

According to the information that has been presented to me, it sounds like the people making these statements think teens are stupid. Also putting all teenagers in one group is ridiculous. I am almost nineteen would they compare me to a thirteen year old child? I know some teens are emotional and unstable but, to the rest of us this kind of like a slap in the face.

in conclusion I could pick fifty older people from this county that are border line retarded from all the drugs. Then pick fifty smart, rational teens and make a video saying you get dumber as you age. The last thing I have to say is adults like rewards to.

In my class, we recently watch a video on the Teen Brain and how it functions. According to the article I read, teens do things in rebellious ways due to the fact they use a different part of their brain than adults. Experts say this causes teenagers to make bad decisions because they use the amygdala rather than the prefrontal cortex.

Teenagers do make bad decisions because they use the amygdala, which causes them to make decisions based on their instincts and reflexes. This is true because teenagers do make poorly based decisions. Every minute a teenager is making a decision on what they're going to do next. They don't always think about the decision made due to the amygdala taking control.

In conclusion to this teenagers do things in rebellious ways due to the fact that they use a different part of the brain. The amygdala is the decision maker in the teen brain so yes, adults do make better decisions because an adults brain and a teenagers brain are different.

3/19/15 Elex

There has been much research done about teenage brains by scientists. Some research shows that adults use the frontal cortex while teens use the older part, making the teen brains make impulsive choices. This leads to thoughts that teenagers are rebellious and that their brains do not work as good and fast as an adults.

Although researchers show that a teenage brain is slower than an adults, I do not believe this. I believe that teen brains work just as fast as an adult. I know this because some adults make worse decisions than teenagers. For example, some adults drink and drive. Also, because as a teenager myself I feel like I am not rebellious, or impulsive. For example, I think things through and listen to my authority.

Therefore, not all teenagers have a slower brain than an adult. Also, not all teens have to be impulsive and rebellious. Some actually try to strive and succeed at the best. Being a teenager myself, I have my own experiences and even through pressure, I take my time and make the best decision.

TB

Flex



Teenagers have been a 'mystery' to people for years. Teens have been the focus point for scientists on many projects. According to an article I recently read, teenagers are rebellious because of the frontal cortex in their brains. The author of this article seems to think that teenagers are drawn to rewards so that's why we are so "careless".

Looked at ~~the~~ Because of this research that we I believe that teenage brains are still developing so that's why we are rebellious. Teenagers should be rewarded when they do something. According to the article, teens respond to the reward system. Maybe if they get rewarded more for good stuff they do, maybe they wouldn't make bad decisions.

In conclusion, teenage brains are still a mystery for most people. I'm a teenager and I don't know why I do some stuff myself. We want to be rebellious, impulsive, because our self-esteem needs a boost. We'll do that in a negative way or positive, no matter the consequences.



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In my class, we read some articles and watched a video of how the teenage brain was different from that of an adult brain. According to the research, teenagers use a more obsolete region of the brain called the amygdala, while adults use a more refined area of the brain called the frontal cortex.

Through the research, the area of the brain in which teens use focuses primarily on instinctive responses, while the frontal cortex, occupied by adults more than teens, is the blueprint of the brain. It's where most of the planning and thinking occurs. Stating this, teens aren't able to strategically plan things in their brains and pale in comparison in being more decisive than adults, sometimes leading them to make bad decisions.

In conclusion, the research shows that the teen brain is still growing and teens are still subject to learning new things. This gives them the desire to explore more things.

In my class we recently watched a video of how the teenage brain is different. We saw that the teenage brain uses a different part of the brain. I learned that teens use less of the frontal cortex (the thinking part of the brain) and that teens use the amygdala (the part of the brain that has emotions).

I know from what I read that teens are impulsive or do things without thinking. One example that backs that statement is when kids choose to be silly, they normally don't think it through that just do it. Another example would be how they handle money, when teens get money they spend it all on whatever just to spend it and they do it all on an impulse.

Finally, my last thought on the matter whether the teen brain is different from adults, I think that teen brains do differ in some ways, but overall the brain is a complex part of the body and people use it differently but everyone uses it in their own way.

~~We~~ read an article and watched a video in my class that talks about how <sup>teens</sup> brains are different from adults <sup>brains</sup>. In some ways I believe it, and in other ways I don't.

~~We~~ recently done some activities in class over teen brains, and read an article that talks about how teens like the reward their decisions give them.

Teen brain research shows it's hard for teens to avoid awards, I believe since it's hard for teens to avoid awards their local teachers should give or offer rewards for good behavior, good grades, and good attendance. I have experienced that when a teacher says they're going to let the kids have a party in class then we have good attendance. As a fact my teacher offered us a reward for doing this assignment.

In conclusion, I do believe that if teachers would give awards every now and then, then teens would try harder, do better, and come to school more. This is just me but I believe getting a diploma my senior is a great enough award for me.