

Student #3 (HB)

Should We Worry About What We Eat?

Too many kids are overweight. Too many kids want sugary snacks. Most kids want sugary snacks. But, the sugary snacks make you gain weight. They also make you feel bad like headaches and stomach aches. Kids need to eat healthy so they can lower their chance of getting diseases, like heart disease, cancer, and diabetes. According 1/3 of teens and kids are overweight.

After a mini-lesson on transitions and connecting source material to claims the student added this to their draft.

→ These unhealthy school lunches caused part of this problem. First Lady Michelle Obama says there were more than 900 calories in a school lunch. You could also get diabetes, heart disease, and cancer. Childhood obesity is a horrible problem. According to first lady Michelle Obama 1/3 of kids and teens have obesity. Kids have to want to change to be healthy. Like eating an apple other than a candy bar or water over a pop. If kids are healthy they can lower their chances of getting diseases like cancer, diabetes, and heart disease. That's why kids need to eat healthy.

If kids eat healthy, they will lower their chances of getting diseases. I agree with Michelle Obama about eating healthier. It must be scary for obese kids. I'm even scared that kids can actually get cancer, diabetes, and heart disease. I think we do need to get rid of sweets. I hope this because that would lower kids getting horrible diseases. That's what I'm thinking.

I agree that we need to ban pops and candy in schools. I think this because kids need to eat healthier. Kids need more time to play. They also need more gym time to exercise to be healthier.

Student #21 (DW)

Should We Worry About What We Eat?

Too many kids are obese! Obese means extremely overweight. Many kids want sugary snacks, but sugary snacks make you gain weight. Obesity is a **BIG** problem for everyone especially kids. Obesity could cause bad things like diabetes, something that are caused from obesity, only adults would get. Now kids are getting those diseases.

First lady Michelle Obama is fighting childhood obesity. Her plan is called Smart Snacks in School. The new rules are from the USDA (U. S Department of Agriculture.)

If kids eat healthy, they will lower their chances of getting diseases. I agree with Michelle Obama that some kids should eat healthier to lower their chances of getting diseases. I think kids should eat healthy to avoid diseases like diabetes, heart disease, and cancer.

In the, I agree with Michelle Obama that we should eat healthier. Too many kids could have diabetes, heart disease, and cancer. Obesity is a problem and it is good that Michelle Obama took a stand.

After a mini-lesson on transitions and connecting source material to claims the student added this to their draft.

Student #20 (DW)

Should We Worry About What We Eat?

Too many kids are obese. Obese means being overweight. Most kids like sugary snacks, but sugary snacks make you gain weight. That's why schools changed the snack rules to have healthier snacks.

1st Lady Michelle Obama 1/3 of teens are obese. Being unhealthy and overweight can cause diseases like heart disease. I think that is scary. The National Center for health says the average ten-year old American boy weighs 14 pounds heavier than the average boy in 1960's. → To help fight obesity, First Lady Michelle Obama has started a Let's Move campaign to do something about childhood obesity. As Mrs. Obama says More than 3 out of 4 school lunches had over 900 calories. The video explains that if kids don't get enough exercise they can get obesity, diabetes, heart disease and more. People saw that in grownups but now they see more in kids. I think that is scary. According to National Center for Health says the average ten-year old American boy in 2002 weighs 14 pounds heavier than the average boy in the 1960's

Childhood obesity is a problem and something needs to be done about it. If someone doesn't do anything about it then there would be more childhood obesity.

After a mini-lesson on transitions and connecting source material to claims the student added this to their draft.