

**Rules**

**By**[**Cynthia Lord**](http://www.scholastic.com/teachers/bookwizard/books-by/cynthia-lord)

**Interest Level:** Grades 3 - 7

**Reading Level:** Grade level Equivalent: **4.5;** Lexile® Measure:**780L;** DRA: **40;** Guided Reading: **R**

**Theme/Subject:** Living with Illness and Disabilities**;** Siblings**;** Friends and Friendship**;** Autism**;** Physical Disabilities

**Reading Quiz Programs**

**[Scholastic Reading Counts!](http://teacher.scholastic.com/products/independent_reading/scholastic_reading_counts/)**

**Accelerated Reader**

**Free Teaching Resources**

[**Rules Storia Teaching Guide**](http://www.scholastic.com/teachers/lesson-plan/rules-storia-teaching-guide)

[**Rules Booktalk**](http://www.scholastic.com/teachers/article/rules-booktalk)

**About This Book**

This 2007 Newbery Honor Book is a humorous and heartwarming debut about feeling different and finding acceptance.

Twelve-year-old Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules — from "a peach is not a funny-looking apple" to "keep your pants on in public" — in order to stop his embarrassing behaviors. But the summer Catherine meets Jason, a paraplegic boy, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?

**Newbery Honor Medal  
Schneider Family Book Award  
ALA Notable Children's Book**

**About the Authors or Illustrators**

[Cynthia Lord's biography](http://www.scholastic.com/teachers/contributor/cynthia-lord)

[**Cynthia Lord**](http://www.scholastic.com/teachers/contributor/cynthia-lord)

Cynthia Lord is the author of Rules, Touch Blue, and Hot Rod Hamster. She lives in Maine.