

I think that video games are harmful. Then I learned from the video "Your Brain on Video Games" that gaming has negative and positive effects.

The negative is that most video games are about killing and destroying.

They are encouraging kids to do dangerous things. We are putting kids in front of violent games. What will this lead to? On the other hand,

Daphne Bavelier, Cognitive scientist says that "The three parts of the brain that are used for attention are actually more efficient in video games." Personally I think that

they are only activated because people are dealing with violent problems and trying to solve them. Some people think everyone knows the difference between gaming and reality. This may be true, but most people choose not to separate the two.

Now I still think video games are harmful.