**BENEFITS OF RECYCLING**

**Adapted from an article by the Environmental Protection Agency**

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"Recycling" means reusing. To recycle, we

separate,

collect,

process,

market, and

use

a material that would have been thrown away. Today’s newspaper can be turned into another paper product. Cans and bottles can be melted and made into other products.

Quality products and packaging are being made from recovered materials. We can all help create markets for recyclables by buying and using these products.

**Why Should We Recycle?**

* Recycling reduces our use of landfills and incinerators.
* Recycling protects our health and environment. Recycling removes harmful substances from the environment.
* Recycling conserves our natural resources. It reduces the need for raw materials.

**What Can We Recycle?**

Commonly recycled materials include:

* Paper (newspaper, office paper, cardboard, etc.)
* Yard trimmings (grass, leaves, and shrub and tree clippings are composted).
* Glass (clear, green, and amber bottles and jars).
* Aluminum (beverage containers).
* Other metals (steel cans, auto bodies, refrigerators, stoves, and batteries).
* Used motor oil.
* Plastics (soda bottles, milk jugs, bags, and detergent containers).