

Beauty pageants are harmful to young girls, both physically and emotionally. Most children are almost forced to participate in beauty pageants by their parents, without a single say so. Most parents begin their child's life as a pageant queen at a young age. Some even begin as newborns or toddlers, regardless of the harmful effects.

One of the most major effects on some girls with doing pageants is self esteem. Most children may feel as if they aren't as bad as the other girls, because they didn't win the best awards, or maybe even any award at all. "A 2007 report by the American Psychological Association found that the objectification of young girls is associated with eating disorders, low self-esteem, and depression", says Melissa Henson at CNN. Not only Melissa, but many news reports and statistics show that these pageants that are supposed to be completely harmless, are nothing but.

The worst is only yet to come with the judging. It basically tells the young girls that they aren't good enough. The awards are just silly, honestly. Some that I'm aware of include: Most Talented, Best in Show, Best Hair, Best Makeup, etc. Who are the judges to tell you that some other girl has more talent than you, better hair, or makeup? The answer to that is, they don't have a right to. They shouldn't be able to tell the children that some other young girl, just as pretty as you, who is just as pretty or talented as you, and so on. Parents should stop giving their children a right to participate in something that does nothing more than hurt and disappoint them.

One thing that parents may not be aware of, is the effects of the products they're using on their children. Hairspray can harm you physically. It may stunt growth because it contains phthalates, or plasticizers can interfere with the growth of hormones. Excessive exposure to phthalates has been linked to stunted growth and even lung cancer. Many people have a problem growing, which makes it hard for them to participate in everyday tasks, like cooking, working, or reaching higher shelves, making things difficult for them.

Furthermore, my main point is that pageants are not healthy outlets for young children. In the article "5 Reasons Child Pageants are Bad for Kids" by the Week Staff, they even noted that pageants sexualize young girls. But some people believe otherwise or that it may be okay, like Henry Samuel in Britain's Telegraph who even accused the media and reality TV of "promoting stereotypes that transform young girls into 'sexual morsels". He also stated, "Just look at the growing number of 'schoolgirls' as young as 8 [who] wear padded peas, high heels, or makeup, and strike suggestive poses." What kind of example is this setting for all of the young children in society?



# Child Beauty Pageants: Right Or Wrong?

Most people believe that child beauty pageants are bad for young girls because they cause low self esteem and they show young girls wrong morals. Although, I believe the complete opposite. I think beauty pageants allow young girls how to take losing gracefully, and how to deal with mean and rude comments from other people, it also allows young girls to feel somewhat of self worth by dressing up and feeling pretty.

The reason beauty pageants allow young girls to experience losing gracefully is because they have to be taught that when you're on stage and you don't win something, you can not sit down and start crying and throwing a fit. You have to smile and look at the winner and say, "Good job." and you have to appear to be happy. This allows young girls to already have the moral of good sportsmanship, in which most kids lack these days.

Another reason beauty pageants seem to be a good thing for young girls is it teaches the girls that people will say and do mean things but, you have to learn to overcome what they say and realize it's wrong. Many people in the pageant world can be mean varying from parents to the other contestants themselves. They say mean comments, post rude things about the girls on social media, cause problems at the pageants, make rude signs, and much more. Although, the parents are having to teach the girls that the people saying these things are just nasty people and what they aren't saying isn't true. The girls are taught to ignore and overlook the rude comments with the confidence they have from winning other pageants and more. Many kids now a days have confidence issues and low self-esteem, which leads to self harm and much worse things because many of these people claim they never felt pretty or have felt pretty or been told they was pretty, although kids in pageants that's really all they feel, they win their awards over how pretty they are.

The last reason pageants may be good for young girls is it allows them to feel self worth and to feel pretty. Even though some people think it's crazy for 7 year old girls to know how to put mascara on and blush, or how to paint their toenails and curl their hair, but honestly I believe it's something very good. The worlds evolving which means the newer kids being born are going

to be exposed to new things and younger ages than we was. There are some 16 year olds or even 20 year olds who don't wear makeup or know how to do it, or how to do their makeup, and sadly some don't even know how to keep themselves clean and appealing. The kids who do pageants know how to, which makes them more prepared for the bigger world when they get older. They'll know how to present themselves for important meetings or dates, and they'll know how dress for job interviews. It's surprisingly teaching them things for when they get older and more mature.

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In conclusion, I hope if you think beauty pageants are a bad thing for young girls that maybe now you'll change your mind. If or if not beauty pageants are a good or bad thing it's all an opinion matter. I hope you enjoyed reading my article about how I feel towards this topic and you can open your mind to seeing both sides.



#### Would you allow your child to be put through this?

In recent discussions on the topic "children in beauty pageants", people has been giving their opinion on if it is a good idea to allow your child to participate in these events. In my personal opinion I find beauty pageants harmful to children. I see it as if they teach them to care more about their appearance then other important things, such as responsibilities or education. I feel as if beauty pageants also sexualize young girls.

An author once wrote an article called "5 reasons child beauty pageants are bad for kids" In this article it states "Pageants sexualizes young girls" I agree with this statement completely. There is so many girls underaged wearing inappropriate clothing. Such as padded bras, high heels, clothing that shows way to much skin, etc. This could be why most pageants constants are kidnapped and raped.

In the same article it also states "They also cause cognitive and emotional problems". This is true for most pageant contestants, no child wants to dishonor their parents but most of these girl's parent only care about winning. So most of the time if their child loses they most likely are going to talk rudely to their child. This could make the child feel useless and not good enough. Also maybe losing makes the child feel less beautiful.

Girls that participate in pageants, miss more school for paginating then they do for sickness. This really effects their education. These girls care more about the pageants then they do about their responsibilities in life or their education. This effects everyone because this puts us out of good doctors or lawyers in the near future.

These are the main reason I feel as if the beauty pageants are bad for children. Maybe take these reasons into consideration next time you and a friend are talking about this subject. Also take the children's feelings into consideration. So now answer me, would you allow your child to be put through this?

I agree sometimes pageants may not be harmful but but what about the ones that are? there are so many things that can harm your child like like the girls are to young to say no like what if they didn't want to do it but they don't have a say in it cause there to young and then the pageants sexualize young girls they try and make it appealing to men by sexualizing the girls in the pageants and it causes cognate and emotional problems like what if they lose then they think there ugly and they don't matter and stuff like that and then the hairspray can stunt growth if they were growing girls using hairspray it will have disastrous effects they wont grow properly and high heels aren't made for small feet little girls wearing high heels is very dangerous if they don't know how to wear em if they slip they could break there ankles or peripheral damage to there feet which could you have your child hurt for life or your child happy for its life it up to you so in conclusion to this i would tike for you to make a good decisions on whats best for your child but on the other hand some people say it good that there is no harm so thats why i am going to leave it all up to you.

I always thought that pageants were a wast of time, but now that i'm older i realize that there not only bad but there hurting the children that participate. Some people say that pageants help with team work but since the kids are young they don't fully understand sportsmanship and they would take a friendly competition and make it personal and get upset when they lose.

Most mothers on the TV shows are people who didn't get to do these things when they were kids so they force there daughters to do it and when they want to quit they won't because they feel that if they would quit it would disappoint there parents or even make them ashamed of them.

Finally on TV and in real life these pageants sexualize young girls. Throughout a pageant the girls would be put threw different categories like dresses, evening wear, and bathing suits, but what is really bad is the talent portions of the pageants were some of the girls talents should be encourage like singing, juggling, ect but when there mothers chose them to dance to songs that they really shouldn't be dancing to.

Americans today tend to believe that beauty pageants for children are perfectly fine for their daughter, but others have different opinions. There is bad and good effects to being in pageants from my point of view. The article; "Child Beauty Pageants: Good and Bad Points Parents Should Consider Before Competing", argues both sides of beauty pageants. Using some points from this article and another article I'm going to explain why I think pageants are bad for small children.

In the 1st article there is a list of a few cons to children being in a beauty pageant. The first con the author states is some children might get hurt feelings if they don't win, I totally agree with the statement. If the child does not win she might feel worse other than better about herself. So if that happens it would be the complete opposite outcome of what they expected.

The author also argues that pageants are very time-consuming, I agree because the mother and child spend hours, days even practicing for the pageants. They also spend a lot of time and money trying to find the right dress and shoes. The pageant girls spend hours getting their hair, nails, and make-up done before the pageant starts. The article; "Reason Child Pageants are Bad for Kids", states that hair spray can stunt a child's growth. So not only is it time-consuming, it is harmful to children.

"Reasons Child Pageants are Bad for Kids" also says high heels can hurt the children's feet. Small girls that wear high heels so much can make their feet grow in such a way that wearing other shoes becomes very uncomfortable. Wearing heels for a long period of time can also cause back pain because of their weight is pushed forward. I barley can wear heels, I can't imagine how small children can.

In conclusion, I believe pageants are bad for small kids. There may be some good benefits to pageants, but in my mind the bad outweighs the good. Pageant children spend a lot of their childhood practicing for these pageants and usually don't have much time to be the little kids they are. I think children should spend time playing other than practicing.



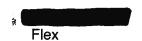
In recent discussions of beauty pageants, a controversial issue has been whether or not they're good or bad for little children. I have always believed that beauty pageants weren't the best for little kids. When I was a child, I myself loved watching T.V. shows about beauty pageants. But for some reason I just never really had interest in participating in one. There are many reasons why I think beauty pageants are bad, but I'm must going to discuss a few.

According to an article I read called "Reasons Child Pageants are Bad for Kids" by The Week Staff, beauty pageants are more of a parent's choice than a child's choice. It's not like the kid could say "no" to their parents. Most of them are too young to take up for themselves. Their parents basically "force" them to do it. The children are too young to express how they feel about what's going on and they're too young to express their views.

When the children grow up, they may change how they feel about themselves. But not in a good way. Beauty pageants may have an effect on children that make them have emotional problems when they grow older. Which may cause disorders such as depression, anorexia, bulimia, etc. They may grow older to feel as if they're not pretty enough or good enough for anything that they do. Thats terrible and no one should have to go through that because of a pageant.

Beauty pageants sexualize young girls. Girls that are so young feel like they have to wear makeup and heels and padded bras and things like that to feel pretty. When girls are as young as 7 years old they should feel no stress whatsoever or anything like that because of how young they are. When they see girls wearing those things on television, they feel as if they have to do the same. It shouldn't have to be like that.

In conclusion, beauty pageants are not good, or even healthy, for young girls to participate in. Don't get me wrong, there are a few good things in beauty pageants. But in my eyes there are more bad than good. Young girls should not have to feel as if they need to be "dolled" up for anything or anyone. They should feel beautiful how they are.



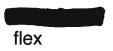
People have their opinions, my opinion on beauty pageants is that they are bad for kids. I don't think they are good for a few reasons. A few would be that they could be too proud of themselves, the family could go in debt, and make the kids have emotional problems.

Some kids are too young to say no to pageants. I see kids on TV crying because they don't like the outfit or when someone is fixing their hair it hurts them. I don't know why anyone would make their kid do that when they're miserable. I think that is just wrong to do anybody that way.

Beauty Pageants are very expensive as well. You will have to pay for things for hair, clothing, and also an entry fee. Not only does the child have to wear something they don't want to it could make the parents of the child go in debt. If the pageant makes them go in debt then they're not going to be able to participate in it anyway because they have no more money to spend on the pageant or anything at all.

Pageants are also bad because it might make them have emotional problems. For example, they might think they're too big. If they start trying to lose weight and they don't need to then that will lead to things like having an eating disorder. Having an eating disorder is a serious thing. Eating disorders can make you so unhealthy and be a threat to your life. A Beauty Pageant isn't worth risking that.

In conclusion I hope that my opinion affects many people that are either in pageants or thinking about entering. I really believe that anyone can find something to do that doesn't cost so much money or put the kid at risk for an eating disorder or makes them miserable.



#### Beauty Pageants are bad!

A lot of people think that child beauty pageants are great for children, but on the other hand I for one feel that they are not great at all. parent dont always see the damage the can cause to a young childs mental and physical health.

Child beauty pageants ruin children's self-esteem and confidence. Ive read many articles and parents claim that they begin to notice that their child gets upset and says they don't feel pretty or the wish that they were beautiful like some of the other participants.

Childrens beauty pageants effect children's health, they can make girls think that they aren't good enough and the begin to to become depressed or emotionally ill. I myself have read other articles stating that a young girl was in beauty pageants and as she got older she became anorexic and very depressed and most days wouldn't even get out of bed.

In the end I think child beauty pageants are just simply bad for children and their health. if your or anyone you know is thinking about considering pageants, I hope you reconsider for your health.



In recent discussions of the good and bad effects of beauty pageants on young girls, we've discussed in our class to tell our opinions on how we feel about the effects of beauty pageants and if they are positive or negative. I feel they may have very few positive effects on children such as followed. They have more chances to spend quality time with their mothers or even fathers, which is a rarity in the society of today. But it truly has more negative effects, which overpower the positives.

When girls are five or six, their bodies are still growing, developing, and forming. When they are in this stage and are forced to wear shoes such as high heels for long periods of time, it puts enormous strain on their bones and muscle development. They begin to form to the shape and angle of the heel, creating serious formality problems. If they grow this way, they will have to live with this problem forever as an adult. So if they try to wear sneakers for example, it will be so uncomfortable that they couldn't bear it. They will only be able to wear heels.

The mental and emotional strain and downsides are also to be taken into careful consideration of beauty pageants. Such as if they don't win, and are made to only think winning is the only way, they will have serious issues with not being the winner, causing them to think they aren't good enough, for example. When that feeling begins to form at such a young age, they will develop many heath issues as an adult, such as anxiety and depression.

In conclusion, I consider beauty pageants to have a very large negative to positive effect ratio. Not to mention the price to be a part of them. I think that you are literally paying thousands of dollars to physically, and mentally destroy your child. But, its just my opinion. I hope this made a difference some way or somehow for someone out there. I hope it can maybe wake some people up and get their children in a more positive past time, creating more positive effects and better outcomes later in life for their children.

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My whole life I have heard it said that beauty pageants were awful. Kids should have a choice whether to do them or not. So many kids take fits over not wanting to participate. I do not agree with forcing your child to do something they don't want to and these patents don't even matter. It's understandable to want your kid to take part because you think it's good for them.

According to article 2, many girls take part in eating disorders, depression, and low self esteem. These pageants are very important to some girls and it is not not worth beating yourself up over. You may thing another girl is prettier, but starving yourself or being depressed over it is not going to help anything. I believe that you should feel confident in yourself while doing pageants. You should also never bring another girl down because of the way you feel about yourself.

I disagree with article 2, that too much hair sprat can stunt growth because no one has ever tested it to be true and it sounds crazy. Hair spray could not stunt your growth because it just makes your hair stay in place. On the other hand, hair spray could cause lung cancer. All the chemicals you breathe in while spraying your hair with it could effect your lungs.

I also disagree with article 2, that pageants sexualize young girls. Men or women can control things like raping young children and/or kidnapping them. Little girls compete in these pageants to have fun not because they are trying to be sexualized. Pageants are something for little girls to have fun with not to be sexualized.

In conclusion, money that these parents spend on their little girls is ridiculous because it's not worth it. It is a waste of time to spend money on their hair, teeth, dress, and shoes when you'll only be walking on stage for a few minutes. It is not worth all the stress they put themselves through.



## Do you Think...

Do you think beauty patents are harmful or beneficial to kids? Beauty pageants are harmful to kids because "if they don't win, they might think it's personal and get their feelings hurt..." They also cost a lot of money to be able to perform in. The main reason why I know beauty pageants are bad for kids because they're moms believe that their child should always win. (Article 1)

My first reason why beauty pageants are bad for kids is that if they don't win the contest, "they might get their feelings hurt". The children the perform in the pageants "might get the feeling of being unattractive and inadequate in some other way". Also, they might fell alone and never give beauty pageants another try. (Article 1)

My second reason why beauty pageants are and for kids is that beauty pageants are really expensive just otter things in life. But, if your willing to pay for it it could be fun. Besides, the point of just getting in a pageants you have to pay for dresses, shoes, makeup, etc. You also might have to pay someone to do the makeup, hair, and the tanning for the contestant. (Article 1)

My third and final reason why beauty pageants are bad because "pageants moms can be pretty nasty". Just about every parent wants their child to win the pageant. "When they don't win, the parent might blame the judges, the director or even other contestants.

In conclusion, I believe beauty pageants are bad harmful for kids because if they don't win they will get their feelings hurt, it's really expensive, and moms always believe that their child should always win.



### Inside Beauty Pageants

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In my opinion I think that beauty pageants are bad. Some people argue that beauty pageants are good and some argue that they bad. They are good reasons that they are bad. The two things i am going to try to explain to you that beauty patents are bad is. the girls are to small to say "NO" and high heels aren't made for small feet.

The author demonstrates that "some gils are to small to say no." Some girls are as young as 6 months old. The moms wont them to do the beauty pageants, but the children don't won't to do it. The T.V. shows that I have watched over beauty pageants the moms force the children to do beauty pageants. And the children that are old enough to talk and say no to their mom on beauty pageants will say they "don't wont to do it but their moms will ignore them.

The author argues that "high heels aren't made for small feet' And I argue because, I seen baby girls as young as 1 year old wear high heels The high heels has to be special made for the children's small feet. If the high heels hurt the children's feet when they are young they are going to hurt and have to deal with the pain all there life where their mom made them wear high heels.

In the end I think beauty patent are bad for children. If anyone you may know is thinking about entering there child in a beauty patent might won't to do research before they do it. Cause high heels aren't made for little feet and some girls can't talk to say no to their moms. If I had a child I wouldn't put them in a beauty pageant.



### **Child Beauty Pageants**

Many people I know think that child beauty pageants are bad, but I on the other hand believe that they are good, they help little kids be more confident in front of large crowds, they have the will power to eat the right food and stay in good shape and to stay healthy and they also learn how to be a good sport when they don't win every time.

Beauty pageants are good for children because, they learn how to be calm, comfortable and confident in front of large crowds and they will help the child later on in life by lets say having to say a speech in front of class.

They are also good because, they teach kids will power. They teach kids this by having them stay in tip top shape for pageant time. These kids have the will power to eat healthy things instead of junk food, an apple instead of a donut. They have to be in good shape so they can preform to their best.

But also, when children compete in group sports, they practice very hard and sometimes with all that practice, it still turns out as a loss. The same is true in the pageant world. Small little beauty queens learn how to lose graciously and to keep composed while they watch the other contestants win the crown that they wanted and worked hard for. These are life lessons for any young child to learn, they cannot always get what they want and even with all the hard work, practice and money they put into it, it still may come up as an loss. This lesson will come up thousands of times within a persons life

In conclusion, i believe that child beauty pageants are a good thing because they, teach children self discipline, how to be comfortable in front of crowds